




Dashboard

System Metrics ^{xiii}	Base Year 2020	2021	Target 2023
Meeting evaluations indicate members find the meetings productive. (5 point scale; 5 high)	4.22	4.22	4.5
Member Retention: Number of Members Over Time are maintained or expanded	16	17	20
System Assessment: # of Projects Implemented within past 12 months.	1	2	5
Network Progression- Network Member Assessment completed annually in July.' (3 point scale; 3 high)	1.53	NA	2

The REGION	Michigan	Region
Unemployment 2020	9.9%	10.2% ▲
Median Household Income 2019	\$59,500	\$54,425 ▲
	2018	2019
Population	214,568	212,003
Below 18	21.0%	20.3 %
Over 65	19.4%	21.0 %



PROGRAM TRENDS and OUTCOMES									
	Base Rank/Rate			Target	Most Recent Rank/Rate			% Change	
	Michigan	Region	Data Yr.		Michigan	Region	Data Yr.	Worse	Better
Long Term Health Status									
County Health Rank ⁱ	NA	31.75	2020	30	NA	41.50	2021	31%	
Years of Potential Life Lost Rate ⁱⁱ	7600	7625	2016-18 avg	7400	7500	7725	2017-19 avg	1%	
Behavioral Health									
Death from Suicide Rates ⁱⁱⁱ	13.4	17.05	2013-17 avg	16	13.8	17.4	2014-18	2%	
Ever been told they have depression % ^{iv}	21.7	18.3	2015-17 avg	22	21.0	19.2	2017-19		5%
Mental Health Provider Rate ^v	370	632.5	2018	600	360	582.5	2020		8%
Middle & High School youth experiencing ACES % ^{vi}	NA	29.0	2018	27	Note: MIPHY Surveys disrupted due to pandemic school closures			NA	NA
Obesity Related Chronic Disease									
Diabetes Mortality Rate ^{vii}	67.5	75.75	2015-17 avg	73	66.40	77.35	2016-18	2%	
BMI Rates over 85th percentile- Youth ^{viii}	NA	37.0	2018	35	Note: MIPHY Surveys disrupted due to pandemic school closures			NA	NA
Adequate Physical Activity- Youth ^{ix}	NA	60.4	2018	63	Note: MIPHY Surveys disrupted due to pandemic school closures			NA	NA
Healthy BMI Rates- Adults ^x	31.3	29.3	2015-17 avg	31	29.8	25.0	2017-19	15%	
No leisure time Physical Activity- Adults ^{xi}	25.5 ^{xii}	26.6	2015-17 avg	25	25.5	27.7	2017-19	4%	

MAN THERAPY TRENDS and OUTCOMES

	Base Rank/Rate			Target	Most Recent Rank/Rate							
	Michigan	Region	Data Yr.		Michigan	Region	Data Yr.	% Change				
Reduction of Suicide/Self-Harm Events for Men												
Death from Suicide Rates/Malesiii	21.4	26.3	2014-18	23	Initiative Started February 1, 2021 Baseline Survey March 2021							
Impact of Outreach^{xiv}												
Unique Site Users- Monthly Average	212.7	60.3	Jan-Mar 2021	70								
Sessions-Monthly Average	298.7	73.3	Jan-Mar 2021	85								
Head Inspections- Monthly Average	35.3	8.0	Jan-Mar 2021	10								
% who have used the site and find it useful	NA	75% (6/8)	March 2021	80%								
Number of users who have accessed a Thumb Area Resource Card (Total for three months)	NA	1	Jan-Mar 2021	15								
Reduced Stigma to Use of Mental Health Services^{xv}												
Disagree that it is embarrassing or scary to ask for help for a mental health condition	NA	23% (of 143 men)	March 2021	33%								
Agree that if I was concerned about a mental health issue for myself or family, I would know how to get help.	NA	62%	March 2021	67%								

WOMEN TO WOMEN TRENDS and OUTCOMES^{xvi}

	Baseline			Target	Participant Post Data		
	#	%	Data Yr.		#	%	Data Yr.
Changes in Physical Wellness							
% of participants self reporting positive changes in health							
% of participants with at least one biometric positive change in health (i.e., blood pressure)							
Changes in Ability to Manage Chronic Condition							
% of participants with increased knowledge							
% of participants indicating that they have increased confidence related to managing their condition							
Program Satisfaction							
% ranking program at a 4 or 5							
% indicating they would recommend program to others							

This is a new pilot project that will be initiated in August 2021.

Baseline data will be collected pre-program with results from the first group of participants in January 2022.

Sources/Info:

- ⁱ County Health Rank (www.countyhealthrankings.org) - Health outcome rank among 84 Michigan counties with #1 having the best outcomes.
- ⁱⁱ Years of Potential Life Lost (Michigan Department of Health and Human Services; www.countyhealthrankings.org) - Age Adjusted Rate/100,000- Years of life lost based on deaths among residents under age 75.
- ⁱⁱⁱ Death from Suicide Rates (Michigan Department of Health and Human Services) - Suicide Mortality Trends, Age Adjusted Rate/100,00
- ^{iv} Ever been told they have depression (Michigan Behavioral Risk Factor Survey) - Percent of residents self reporting that they have ever been told they had depression.
- ^v Mental Health Provider Rate (www.countyhealthrankings.org) - The rate of people for each mental health provider. Higher indicates less access to providers
- ^{vi} *Middle School and High School youth experiencing more than 2 Adverse Childhood Experiences (ACES)* (Michigan Profile for Healthy Youth)- Percentage of students who reported 2 or more ACES.* Note data not available for Michigan or Lapeer County. Question not asked in 2016.
- ^{vii} Diabetes prevalence (Michigan Department of Health and Human Services) - Diabetes Mortality Trends, Age Adjusted Rate/100,000
- ^{viii} BMI Rates- Youth (Michigan Profile for Healthy Youth) - Percentage of 7th, 9th, 11th grade students over 85% of weight (overweight or obese). Note data not available for Michigan or Lapeer County or for Sanilac in 2016.
- ^{ix} Physical Activity- youth (Michigan Profile for Healthy Youth) - Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days. Note data not available for Michigan or Lapeer County or for Sanilac in 2016.
- ^x BMI Rates- Adults (Michigan Behavioral Risk Factor Survey) - Percentage of residents with a healthy weight
- ^{xi} Physical Activity- adults (Michigan Behavioral Risk Factor Survey) - Percentage of residents that report no leisure time activity
- ^{xiii} Thumb Community Health Partnership Meeting Evaluations, Network Member Assessment, Partner Profile Spreadsheet
- ^{xiv} www.mantherapy.org analytics
- ^{xv} Regional Behavioral Health Survey Report – Surveys conducted with three target groups in March 2021. Three target groups were medical providers, behavioral health providers, and community members
- ^{xvi} Women to women pre/post survey-in development.