




Dashboard

System Metrics ^{xiii}	Base Year 6/30/21	6/30/22	Target 2023
Meeting productivity (5 highest)	4.22	4.33	4.5
Number of Members	16	20	20
Dollar Amount of New Resources	0	\$166,585	\$400,000
Cumulative Value to members	In development		
Member using Data TA Services	0	17	20
# of Projects Implemented-12 months ^{xiv} .	1	6	5
Network Growth-(3 high)	1.53		2

The REGION	Michigan	Region
Unemployment 2021	5.9%	6.0% ▼
Median Household Income 2020	\$61,400	\$56,425 ▲
	2018	2020
Population	214,568	213,960
Below 18	21.0%	20.1%
Over 65	19.4%	22.6%



HEALTH TRENDS and OUTCOMES									
	Base Rank/Rate			Target	Most Recent Rank/Rate			% Change	
	Michigan	Region	Data Yr.		Michigan	Region	Data Yr.	Worse	Better
Long Term Health Status									
County Health Rank ⁱ	NA	31.75	2020	30	NA	38.5	2022	21%	
Years of Potential Life Lost Rate ⁱⁱ	7600	7625	2016-18 avg	7400	7900	7600	2018--2020 avg		.3%
Behavioral Health									
Death from Suicide Rates ⁱⁱⁱ	13.4	17.05	2013-17 avg	16	14.0	17.4	2016-20	2%	
Ever been told they have depression % ^{iv}	21.7	18.3	2015-17 avg	22	21.0	21.0	2018-20		15%
Mental Health Provider Rate ^v	370	632.5	2018	600	330	555	2021		12%
Middle & High School reporting depression % ^{vi}	NA	37-43%	2018	27	NA	39-46%	2022	5%	
Obesity Related Chronic Disease									
Diabetes Mortality Rate ^{vii}	22	21	2015-17 avg	19	24	23	2018-20	14%	
BMI Rates over 85th percentile- Youth ^{viii}	NA	37.0	2018	35	NA	38.5	2021-22	4%	
Adequate Physical Activity- Youth ^{ix}	NA	60.4	2018	63	NA	63.5	2021-22	5%	
Healthy BMI Rates- Adults ^x	31.3	29.3	2015-17 avg	31	29.0	22.1	2018-20	25%	
No leisure time Physical Activity- Adults ^{xi}	25.5 ^{xii}	26.6	2015-17 avg	25	23.3	29.7	2018-20	4%	

MAN THERAPY OUTCOMES

	Base Rank/Rate			Target	Most Recent Rank/Rate			
	Michigan	Region	Data Yr.		Michigan	Region	Data Yr.	% Change
Reduction of Suicide/Self-Harm Events for Men								
Death from Suicide Rates/Males ⁱⁱⁱ	22.6	27.4	2016-2020	23	Project Started February 2021- Will be measured with 2021 Suicide data is available.			
Impact of Outreach^{xv}								
Unique Site Users- Monthly Average	212.7	60.3	Jan-Mar 2021	70	2231	220	Jan-March 2021	265% ↑
Sessions-Monthly Average	298.7	73.3	Jan-Mar 2021	85	2609	251	Jan-March 2021	244% ↑
Head Inspections Completed- Monthly Average	35.3	8.0	Jan-Mar 2021	10	682.33	45	Jan-March 2021	463% ↑
% who have used the site and find it useful	NA	75% (6/8)	March 2021	80%	Not Available until repeat BH Assessment			
Number of users who have accessed a Thumb Area Resource Card (Total for three months)	NA	1	Jan-Mar 2021	15	NA	44	Jan-March 2021	4300% ↑
Reduced Stigma to Use of Mental Health Services^{xvi}								
Disagree that it is embarrassing or scary to ask for help for a mental health condition	NA	23% (of 143 men)	March 2021	33%	Not Available until repeat BH Assessment			
Agree that if I was concerned about a mental health issue for myself or family, I would know how to get help.	NA	62%	March 2021	67%				

Women to Women Program	Pre	Post	% Change (22 women)	3 Month Follow up	% Change (9 women)
	Average	Average		Average	
Changes in Behaviors					
Participants self report physical activity a regular part of daily routine	1.88	2.91	52% ↑	2.67	73% ↑
Participants make eating a variety of healthy foods a priority	3.96	4.95	26% ↑	5.00	45% ↑
Participants use information learned about stress to manage health	1.65	4.14	151% ↑	4.89	196% ↑
Changes in Ability to Manage Chronic Condition					
Participants reporting ability to communicate health needs	1.71	2.82	38% ↑	2.44	39% ↑
Participants report exploring community resources	1.67	2.36	43% ↑	2.22	11% ↑
Participants indicating that they have increased confidence related to managing their condition	2.38	3.14	35% ↑	3.22	42% ↑
Participants create a weekly action plan to set and accomplish health goals	1.67	3.32	136% ↑	3.00	134% ↑
Program Satisfaction					
Ranking program at a 3 or 4- average rating for satisfaction	3.63	This started out (for me) a "just see what it's about." It ended up with me marking my book, and setting goals and incorporating my year old granddaughter into my exercise (we March in place, stretch, and dance)! So many things I learned! Thank you!			
Ranking program at a 3 or 4- average rating for learning	3.88				
% indicating they would recommend program to others	100%				

Youth Workforce Outreach Programs							
	Baseline			Target	Participant Post Data		
	#	%	Data Yr.		#	%	Data Yr.
Career Goal Setting	This is a new pilot project that will be initiated in September 2022.						
In development							
Connection to Thumb Providers							
In development							
Program Satisfaction							
In development							
Health Insurance Navigator							
	Baseline			Target	Participant Post Data		
	#	%	Data Yr.		#	%	Data Yr.
Navigators Available for Providing Assistance	This is a new pilot project that will be initiated in September 2022.						
Medicaid							
Marketplace							
Medicare							
Insurance Enrollment & Coverage							
% of people uninsured							
Number of Navigator Enrollments							

Sources/Info:

- ⁱ County Health Rank (www.countyhealthrankings.org) - Health outcome rank among 84 Michigan counties with #1 having the best outcomes.
- ⁱⁱ Years of Potential Life Lost (Michigan Department of Health and Human Services; www.countyhealthrankings.org) - Age Adjusted Rate/100,000- Years of life lost based on deaths among residents under age 75.
- ⁱⁱⁱ Death from Suicide Rates (Michigan Department of Health and Human Services) - Suicide Mortality Trends, Age Adjusted Rate/100,00
- ^{iv} Ever been told they have depression (Michigan Behavioral Risk Factor Survey) - Percent of residents self reporting that they have ever been told they had depression.
- ^v Mental Health Provider Rate (www.countyhealthrankings.org) - The rate of people for each mental health provider. Higher indicates less access to providers
- ^{vi} *7th, 9th, 11th grade youth that felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities (past 12 months)-Michigan Profile for Healthy Youth (MIPHY) Not available for Michigan or Lapeer. Pandemic disrupted 2020 data collection. 2022 data only available for Huron and Tuscola. <https://mdoe.state.mi.us/schoolhealthsurveys/ExternalReports/CountyReportGeneration.aspx>
- ^{vii} Diabetes prevalence (Michigan Department of Health and Human Services) - Diabetes Mortality Trends, Age Adjusted Rate/100,000y
- ^{viii} BMI Rates- Youth (Michigan Profile for Healthy Youth) - % of 7th, 9th, 11th grade students over 85% of weight (overweight or obese).
- ^{ix} Physical Activity- youth (MIPHY) - % of students physically active for at least 60 minutes per day on five or more of the past seven days.
- ^x BMI Rates- Adults (Michigan Behavioral Risk Factor Survey) - Percentage of residents with a healthy weight
- ^{xi} Physical Activity- adults (Michigan Behavioral Risk Factor Survey) - Percentage of residents that report no leisure time activity
- ^{xiii} Thumb Community Health Partnership Meeting Evaluations, Network Member Assessment, Partner Profile Spreadsheet
- ^{xiv} 6/30/2021 Program: Man Therapy; 6/30/2022 Programs: Man Therapy, Women to Women, Listen to Your Body Awareness Campaign, Health Insurance Navigator Program, Job Bulletin, Partner Recruitment Videos.
- ^{xv} www.mantherapy.org analytics
- ^{xvi} Regional Behavioral Health Survey Report – Surveys conducted with three target groups in March 2021. Three target groups were medical providers, behavioral health providers, and community members

Updated 7-23-2022